Active Wellbeing Merry Mile

Follow the blue trail from The Cottage to Tamworth Assembly Rooms and locate our 6 penguin friends along the way. Each penguin is holding a letter. Collect all 6 letters and rearrange them to create a Christmas themed word.

Write the word in the answer box and hand this into a member of staff at Claymore Café (Tamworth Assembly Rooms) to receive your free cup of squash and a small biscuit.

How to use this map: Match the numbered pictures to the directions below. Stay with your grown-up and use safe crossing points.


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Illustrated route guide—not to scale. Follow the written directions and signs on the ground.

Follow the trail

1. **Start at The Cottage** on Lichfield Street.
2. Walk down **Holloway**, passing **The Doll's House.**
3. Go through the **Castle Gatehouse**.
4. Look for the **Anchor and Stone urns**, then enter the castle grounds.
5. Cross the bridge and walk down to the **Activity Centre**.
6. Take the path **between the tennis courts**.
7. At the end, **turn left** and head back towards the bridge over the **River Anker**.
8. Cross the bridge, then follow the flower beds through the **Reflection Area**.
9. Walk uphill past **The Motte**.
10. Cross the bridge above the **old dungeons**.
11. **Turn right** onto Market Street.
12. **Turn left** towards Middle Entry, then **turn left again** to pass **Specsavers.**
13. Keep going to **Julie Anne Florist**, then turn up King Street.
14. Use a safe place to **cross King Street**, then pass **The Wardrobe.**
15. Finish at **Tamworth Assembly Rooms**. You made it!

MERRY MILE SAFETY

Stay with your grown-up, walk carefully near the river and bridges, and stop, look and listen before crossing any road.

LETTER 1	LETTER 2	LETTER 3	LETTER 4	LETTER 5	LETTER 6

ANSWER